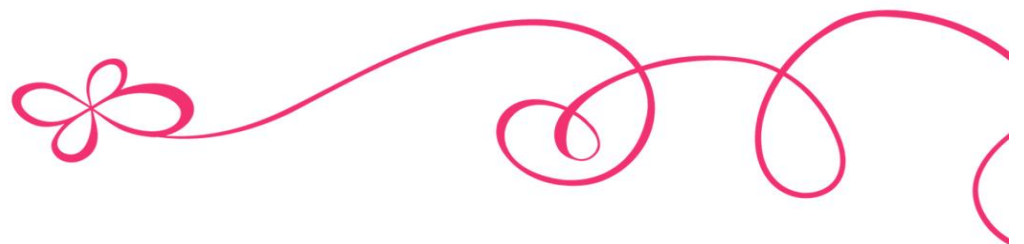




The Stressed  
Woman's Guide  
to ...



**Debora M. Coty**



**Homemaking**

**The Stressed Woman's Ultimate Guide to  
Homemaking**

OR

**Near-Facts of Science that Rock Your Universe**

**Debora M Coty**

Popular Speaker, Humorist and Award-winning author of  
numerous inspirational women's books, including the best-selling

***Too Blessed to be Stressed***

series

## **Spontaneous Degeneration**

The theory that when left in an unnaturally clean state, matter will spontaneously atrophy into indiscriminant disarray.

You know it's true. An hour after you triumphantly finish slaving over a clean house:

- Mold begins to sprout on shiny faucets.
- Green slime oozes from the vegetable crisper.
- Tiny hairs creep up from the drain and imbed themselves in the bathroom sink.
- Dust bunnies proliferate for a closet reunion.
- Black dirt erupts like lava from the carpet nap.
- Clothing magically appears on every piece of sit-able furniture.
- Dirty panties peek from behind hampers just in time for the dog to proudly present them to dinner guests.

## **The Rabbit Phenomenon**

Dishes left in the sink reproduce overnight like breeding bunnies.

Leave one small bowl and spoon; by morning there are three full place settings.

## **Parallel Universe**

Pairs of clean, wet socks innocently entering the dryer become tragically widowed as their mates are magically transported to the parallel universe of the Pogo People, who hop around on a single leg, sporting Junior's never-to-be-seen again soccer sock.

## **The Overachievers Creed**

"I can do all things through Christ" does *not* mean  
I will do ALL things,  
All at once,  
All by myself,  
All before the sun goes down.

### **Perfectionist Order of Obsessive People (POOP)**

The not-so-secret society of grumpy neighbors who constantly criticize the methods of everyone else.

Members of POOP should move to a deserted island because they obviously can't stand living around common, nonperfect people.

We all know a few folks we'd like to nominate for membership to this exclusive society. We shall henceforth call them POOPheads.

### **King Konk Rule**

The day after you throw the box away, your appliance will konk out.

### **The Procrastinator's Prayer**

If I die before daybreak,  
I pray the Lord sends someone great  
To hide the mess I made too late  
And scrub my stove before the wake.

### **The Inflated Fido Phenomenon**

Sharing a bed with humans elicits exponential feline or canine limb expansion capacity. For example, a five-pound pet with eight-inch legs is suddenly, inexplicably able to fill every unoccupied inch of bed space. Plus the space that is already occupied.

German shepherds, labs and Rottweilers require their own king sized beds.

### **Seek-and-Ye-Shall-Find Angels**

This special ops Search & Rescue team of angels is tasked with finding missing items and returning them to an obvious place so that the desperately praying owner may locate them on her 5<sup>th</sup> – or 55<sup>th</sup> – repetitive search in the exact same place.

Also known as the If-it-was-a-snake-it'd-a-bit-me Syndrome.

### **The Promised Land**

Commonly referred to as the kitchen sink.

The name crystallized on a trip to Israel, where I learned that excavation down through layers of previous civilizations' left-behind refuse reveals interesting facets of history.

Hey, many of us can do the same thing with the food layers coating our sinks.

Want to know how many potatoes I peeled for Easter dinner in 2013?

Books featuring the offbeat blend of humor and hope of **Debora M. Coty**:

*Too Blessed to be Stressed*

*More Beauty, Less Beast*

*Fear, Faith, and a Fistful of Chocolate*

*Too Loved to be Lost*

*Mom NEEDS Chocolate*

*Too Blessed to be Stressed Cookbook*

*Too Blessed to be Stressed: 3-Minute Devotions for Women*

*Too Blessed to be Stressed Journal*

*Too Blessed to be Stressed Coloring Book for Women*

*Too Blessed to be Stressed 5-Year Keepsake Journal*

*Too Blessed to be Stressed: Inspiration for Every Day  
(365-day Devotional)*

Debora would love to connect with you through Twitter, Facebook, Instagram, Pinterest, and her website, [www.DeboraCoty.com](http://www.DeboraCoty.com). While you're there, be sure to subscribe to her Too Blessed to be Stressed blog and free e-newsletter!

To book Debora to share her unique brand of biblical truth gift-wrapped in humor with your ladies group, visit Deb's speaker's page at [www.DeboraCoty.com](http://www.DeboraCoty.com)